

Pine County

Resource Directory



ETC

Pine Technical College

900 Fourth St SE., Pine City, MN 55063

Local: (320) 629-6741 ~ Toll-Free: (800) 633-7284 ~ Fax: (320) 629-1276

Employment & Training Center

www.pinetech.edu



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Employment & Training Center

www.pinetech.edu

Pine Technical College,

Phone: (320) 629-6741

900 Fourth St. SE

Pine City, MN 55063-1734

Fax: (320) 629-1276.....Toll Free: 1-800-633-7284

Talk with your Financial Worker about Employment Services; they will need to refer you. Programs offer help for eligible people looking for employment and training options:

- Job Seeking and Keeping Workshops and Assistance
- Career/Job Assessment and Counseling
- MN Job Skills Partnership Education Grant
- Online resource computer lab

Department Of Rehabilitation Services

www.mnworks.org

MN Workforce Center

1575 E Hwy 95, Cambridge, MN 55008 or Cloquet for Northern Pine County

Ext. Zip Code for Person.....Phone: (763) 689-7136

Toll Free: 1-800-689-3250

For persons with disabilities who are certified by DRS as being eligible for services, vocational testing and evaluation are done. Call for an appointment with a counselor who will meet with you in Pine City, Sandstone, or Moose Lake. If you lose your job you may be eligible for Unemployment Insurance.

Temp Agencies

These agencies provide temporary and permanent positions in all types of industry and service businesses. For more temp agencies see yellow pages.

Landmark Personnel Inc.

6372 Main St

North Branch, MN 55056

Phone: (651) 674-2465

Masterson Personnel

950 Main St S.

Pine City, MN 55063

Phone: (320) 629-4850

Command Center

320 Garfield St. S

Cambridge, MN 55008-1772

Phone: (763) 552-9675

WorkForce Center Websites: www.mnwfc.org MN Job Bank:

www.MinnesotaWorks.net

MN Workforce Center is a partnership with Central MN Jobs & Training Services, Rehabilitation Services (DRS), Job Service/Unemployment Insurance, State Services for the Blind, Experience Works, the Employment and Training Center. Other agencies including local county human service offices, Lakes and Pines Community Action Council, Pine Technical College, and the Cambridge Campus of Anoka Ramsey Community College (ARCC) are additional resources. Register online with the MN Job Bank at www.mnwfc.org /Workforce Center. Get access to area job postings and the resume builder software. Call the Cambridge Workforce Center: 1-888-GETJOBS, or, 763-689-7136 for lost/forgotten user id/passwords or to register for free workshops.

CENTRAL MN JOBS & TRAINING SERVICES (CMJTS)

Services are free to persons meeting income guidelines. In Pine City, call (320) 629-4555. Additional programs available to Dislocated Workers eligible for Unemployment Insurance.

- Job-Seeking training and job placement assistance
- Funding for education and training
- On-the-Job Training Program
- Grant Diversion
- Aptitude and Interest Assessment
- Older Youth Programs Ages 14 - UP to 22nd Birthday

CONTACT: MORA WORKFORCE CENTER 1-888-GET-JOBS (Zip 55051) ASK for Diana R.

WINGS: MN Displaced Homemakers Program

www.tricap.org 1-888-765-5597 Joan Steele

PINE COUNTY PROGRAMS

CHILD CARE ASSISTANCE PROGRAMS

When you start a job while receiving MFIP/DWP, you probably wonder how you will be able to afford to pay day care expenses. Under the MFIP/DWP plan, if you work and continue to receive MFIP/DWP, your child care will be covered under **MFIP/DWP Child Care**. There is the possibility of a copayment that is based on your income and family size. You choose your own provider. Legal, non-licensed providers will need to pay a \$100 background check fee to Pine County Human Services. **To take advantage of the child care assistance program contact Debbie at Pine County Health & Human Services in Pine City, 800-450-7463, or 320-591-1570.** It is very important when you start a job that you stay in close contact with your financial worker and employment specialist to receive these benefits.



CHILD CARE RESOURCE & REFERRAL

(320) 629-5164 ~ 800-890-5399

Pine Technical College, 900 Fourth St SE
Pine City, MN 55063-1734

Child Care Resource and Referral (CCR&R) is a program funded in part by the Department of Children Families and Learning, and is administered through the Employment & Training Center/ Pine Technical College. CCR&R is a member of Minnesota Child Care Resource & Referral Network, the state coalition of community-based organizations, who assist parents in their search for childcare and work to improve the quality of childcare.

Services include:

- Assisting childcare providers in filling vacancies by giving referral to parents.
- Information for providers through workshops and conferences.
- Resource materials on working with children and families for providers.
- Information on periodic grants and scholarships for providers.
- Licensing information for providers.
- Licensed Child Care Provider listing for parents seeking daycare for their children.

HOUSING ASSISTANCE & SOLUTIONS

APARTMENTS/RENTAL UNITS

Contact Pine County Health & Human Services for a listing of area subsidized and senior apartment units. Call: 800-450-7463 Pine City or 800-450-7263 Sandstone

HOUSING ASSISTANCE

For information on Section 8 housing, contact:

Mora Housing & Redevelopment Authority
420 Bean Ave, Mora, MN 55051
(320) 679-4789

Check your local newspaper for housing openings or go to www.hometownsource.com

FOOD ASSISTANCE

FOOD SHELVES

Food Shelves: For referral to Fare Share Program and other food shelf resources:
Phone (320) 629-0128

Fare Share All Program 800-582-4291

There are no income guidelines to qualify but you must volunteer 2 hours/month.
Bring your own box.

A Place of New Beginnings, Food Share
Pine City Community Church 629-4777
840 Main St. Just behind A&W
3rd Saturday of Month/Pine City,
7:40 a.m. Costs \$12.00

Family Pathways Food Shelf
538 Main St. S PO Box 120
Cambridge, MN
Phone: (763) 552-3663

Family Pathways Sandstone Food Shelf
312 N. Main St.
Sandstone, MN 55072
Phone (320)245-2485

Family Pathways North Branch Food Pantry
6479 Main St.
North Branch, MN 55056
Phone: (651) 674-8313

Schedule for Hinckley's Food Shelf starting new hours in Sandstone on 2/1/08.

Hinckley:

All Hinckley, Brook Park and any surrounding area MUST go to Hinckley Food Shelf.

Days & Hours: Mondays 2 PM-6PM, Wednesdays 9 AM-6PM, Saturdays 9 AM-12PM

Sandstone Food Shelf :

Will only serve Northern Pine County including Willow River and Sturgeon Lake.

Tuesdays 9 AM-12PM, Thursdays 9 AM-6PM, Saturdays 9 AM-12PM

New Pathways, Inc. Food Shelf
310 S. Ashland St.
Cambridge, MN 55008
Phone: (763) 691-0121

North Pine Area Food Shelf
210 N. Commercial Ave.
Sandstone, MN 55072
Phone: (320) 245-2857

Pine Community Food Shelf
220 – 7th St.
Pine City, MN 55063
Phone: (320) 629-0128
M-Th 10:30-3:30 p.m.
2nd Saturday of Month 9-11 a.m.

N.A.C.E Food Shelf
Moving soon. Call for directions.
(763)-434-7685

REDUCED PRICED ITEMS

Reduced priced items of all kinds can be found in thrift shops. Here are a few of the local spots where you can purchase used clothing and household items inexpensively:

*Just Like New
Downtown Hinckley, MN*

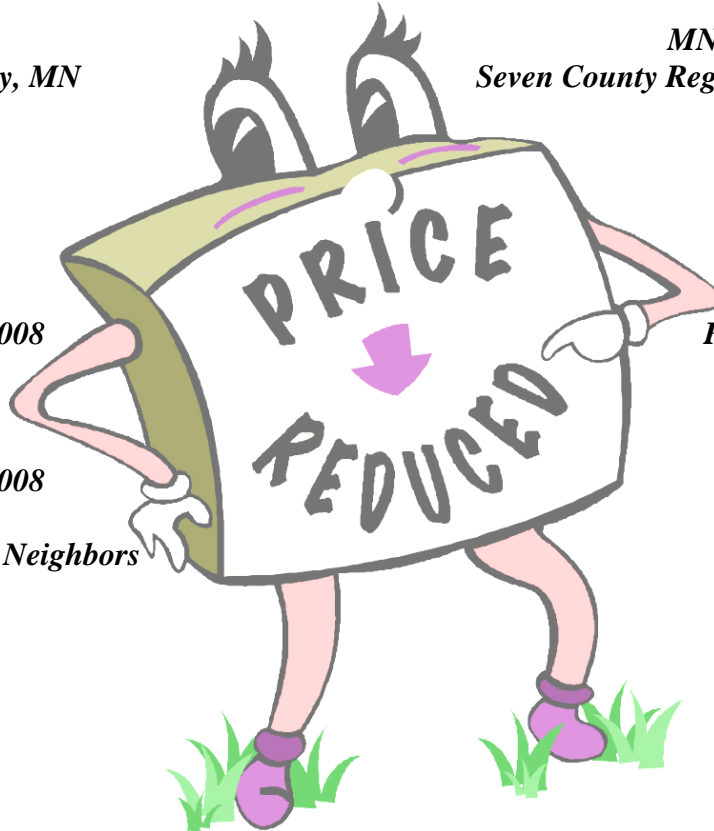
*Aunt Bee's
Sandstone, MN*

*New pathways
310 S. Ashland St.
Cambridge, MN 55008*

*Shalom Shop
2nd Ave N.E.
Cambridge, MN 55008*

*Neighbors Helping Neighbors
6448 Main St.
North Branch, MN*

*Trinity Thrift Store
Bruno, MN 55712*



*MN Senior Federation-
Seven County Region Clothing Project
47 N Park Ave
Mora, MN 55051*

*Family Pathways
800 main St. S
Pine City, MN 55063
(320) 629-3878*

*Family Pathways
112 Main St. E
Hinckley, MN
(320) 384-0046*

*Tusen Tack
East Central Dr.
Braham, MN 55006
(320) 396-2633*

EDUCATION

COMMUNITY EDUCATION

Each school district offers courses in a wide variety of topics for a small fee. Watch the newspapers or call your local school district for course offerings and information.

Pine County Parents Forever: Education for Families in Divorce Transitions. For more information call Pine County Community Education 320-629-7331

East Central School District #2580

Community Education contact Community Ed director at (320) 245-5231 or (320)245-6972. Voicemail is available at both numbers to leave a message.

GED HOTLINE/LITERACY COUNCIL

1-800-222-1990

More Adult Basic Education/ GED class:

At the Mora Workforce Center
903 E Forest Ave.

Mora, MN.....(320) 679-6484

AREA LEARNING CENTERS/CLASSES/TESTING

- Diploma Programs-offer opportunity to get your high school diploma for people over 16 years old.
- Adult Basic Education (ABE)-brush up on your skills, such as math, reading, vocabulary or help available on any subject.
- English as a Second Language (ESL)-for individuals who need to learn to speak English.
- GED Preparation-work on the skills needed to pass the GED test. Predictor tests are also available.

AREA LEARNING CENTERS/CLASSES/TESTING continued

Remember, you may also get GED videotapes from your local library or contact your job counselor about a computer software program (GED 1120).

Pine Alternative Learning Center at Pine City Civic Center

Pine City MN 55063..... (320) 629-4040

Sandstone City Hall -Sandstone, MN 55735 (320) 245-5241

Mora Alternative Program -Mora, MN 55056 (320) 679-6250

Rush City Family Center SCRED -Rush, City MN 55069..... (320) 358-3635

Hinckley-Finlayson High School -Hinckley, MN..... (320) 384-7325

Crossroads Learning Center (Sandstone CLC) -Sandstone, MN..... (320) 245-3070

GED Test site is at the Pine City High School – call (320) 629-4120 for more info or to register. Fax (320) 629-4106 Cost is \$50/series or \$10 per test; contact ETC or CMJTS for possible payment assistance.

Requirements for Testing:

- Social Security Number and photo identification. Must prove MN residency.
- Bring a self-addressed stamped envelope.

Under 19 years of age - a waiver is required – call the high school for details

UNIVERSITY OF MN EXTENSION SERVICE – PINE COUNTY OFFICE

Pine County Government Center
Pine City, MN 55063

Education and information is available to anyone:

- *Families that Work Program *Agriculture
- *Family relations *4-H Programs
- *Community Development *Food & Nutrition



EARLY CHILDHOOD FAMILY EDUCATION & SCHOOL READINESS PROGRAM

Special programs and activities for parents and their children from birth to age five. Parents and children need to learn and play together because:

- ❖ Home is a child’s first school
- ❖ Parents are a child’s first and most important teachers
- ❖ And the years before a child begins school are the most important years in his or her development

In addition to parent/child programs, there are support groups, field trips, nursery school and resource lending libraries. Call the ECFE office for your school district:

-Pine City School District(320) 629-7331 or (320) 629-4115

-Hinckley/Finlayson School Districts.....(320) 384-6443 or (320) 233-7611

-Willow River School District.....(218) 372-3131 Ext. 258

-East Central School District.....(320) 245-5281

HEAD START PROGRAM

Lakes and Pines Community Action Council, Inc.

1700 Maple Ave E, Mora MN 55051-1227
Phone: (320) 679-1800 or (800) 832-6082

Head Start is a comprehensive family development program for families with children ages birth through 5 years, including pregnant women. The overall philosophy of Head Start is that the parents are their child’s primary educators. Head Start is free for children whose families meet the income guidelines. Families may also qualify to enroll in Head Start if any family or household member receives:

- Medical Assistance (MA);
- Supplemental Security Income (SSI);
- Jobs & Training Funds;
- MFIP Services such as Cash Assistance or Food Stamps; or
- Child Care Assistance through MFIP, Transition-Yr Funding, or Basic Sliding Fee Scale Funding.

In addition to the educational and socialization activities, Head Start provides:

- ♣ Parenting support
- ♣ Developmental and health screenings

PINE COUNTY PARENTS FOREVER

Education for families in divorce transitions For information call: (320) 629-4033

www.divorcenet.com

OFFERS DIVORCE RELATED ARTICLES WITH BOTH GENERAL & STATE SPECIFIC INFORMATION.

EMPHASIZES SUPPORT COMMUNITIES & INTERACTIVE TOOLS FOR MANAGING DIVORCE

www.kidshealth.org

OFFERS SHORT ARTICLES TO HELP PARENTS, TEENS, & KIDS BETTER UNDERSTAND & DEAL WITH FEELINGS & SITUATIONS STEMMING FROM DIVORCE.

LIBRARIES

www.ecrl.lib.mn.us

Bookmobile: Askov, Braham, Isanti, Stacy..... 1-888-234-1293

Call for dates and times and media requests

Cambridge..... (763) 689-7390 Toll free 888-234-1293

Hinckley (320) 384-6351

Mora (320)679-2642

North Branch (651) 674-8443

Pine City (320) 629-6403

Rush City (320) 358-3948

Sandstone..... (320) 245-2270

Call your local library for hours and available times for internet access.



SUPPORT AGENCIES, SERVICES & GROUPS

AMERICAN INDIAN SERVICES 1-800-662-5711

ABUSE & VIOLENCE

W.I.N.D.O.W.

PO Box 739 204 Fire Monument Rd, Hinckley, MN 55037
Phone: (320) 384-7113 (24 hour crisis line)
1-800-644-0003

*****HOMELESS SHELTER*******

New Pathways/Cambridge, MN(763) 691-0121 FAX
(763) 552-0122

COUNSELING SERVICES

Five County Mental Health Centers

521 North Broadway Ave
Braham MN 55006
Phone: (320) 396 3333
1-800-223-1513

Therapeutic Services Agency

220 Railroad St. SE
Pine City, MN 55063
Or
900 Golf Ave. SW
Pine City,

Pine County Human Services

635 Northridge Dr. NW
Pine City MN 55063
(320) 591-1400 or (800) 450-7463

AHRMS Providers and IN-HOME COUNSELORS

Family based Therapy Associates
133 2nd Ave. SW, Cambridge, MN
55008..... (763) 689-940
Toll-free (800) 822-27867

Sandstone Office of Human Services located at:
130 Oriole St E, Suite #1,
Sandstone, MNPhone: (320) 216-4100 or
1-800-450-7263.

Contact your health care provider for referrals.

Changing Gaits, Inc.

27274 Monument Rd

Brook Park MN 55007.....Phone:

(320) 679-4468

E-mail: info@changinggaitinc.com Website: www.changinggaitinc.com

Changing Gaits, Inc. is a Faith Based diversified – Equine Assisted Addiction Services (EAAS), and is committed to teaching, guiding and encouraging positive attitudes, behavior modification, and life skills by using a powerful, therapeutic approach through the healing bond with horses, not only for substance abuse, but also for individuals needing social interaction, problems with verbal and non-verbal communication, repetitive actions etc.

Demonstrations are available – call for details



FAMILY PLANNING/PREGNANCY

Pregnancy Resource Center

862 Main St.
Pine City, 55063
(320) 629-2792

Cambridge Pregnancy Center

117 South Ashland Street
Cambridge, MN 4319
(763) 689-4319

Pine County Public Health Nursing Service

130 Oriole St E, Suite #1
Sandstone, MN 55072

Mora Pregnancy Resource Center

114 Maple Ave. W Suite 2
Mora, MN 55051
(320) 679-4493

Outlook Family Planning Clinic

140 N Buchanan S.138
Cambridge, MN 55008
(763) 689-4475

CHEMICAL DEPENDENCY CARE: COUNSELING & ASSESSMENT

Pine County Social Services

Pine City MN 55063 (320) 245-3020 or 1-800-450-7263

The Chemical Dependency Department of Pine County Social Services provides:

- Chemical dependency assessments/Country Services – Call (320) 629-1445
- Referrals to counseling/treating agencies * Possible Funding for treatment
- Information on area Twelve Step Programs (AA, Alanon)
- ***Country Services Inc. (320) 629-1445***

If chemical abuse is interfering with your life or with the life of someone you care about, call for assistance.

Note: If MA is responsible for the cost of treatment, you must get prior approval from the county agency.

TREATMENT CENTERS

www.aa.org

Avalon

645 3rd Ave SW
Pine City MN 55063
Phone: (320) 629-1362

Meadow Creek

17305 Meadow Creek Lane
Pine City MN 55063
Phone: (320) 629-0077

Hazelden Foundation

15245 Pleasant Valley Rd. PO Box 11
Center City MN 55012
Phone: (657) 213-4010

Dellwood Recovery Center

701 S Dellwood St
Cambridge, MN 55008
Phone: (763) 689-7723

Liberalis

512 Skyline Blvd
Cloquet MN 55720
Phone: (218) 879-0712

GAMBLING

Minnesota Council on Compulsive Gambling

314 W Superior Street, Suite 508, Duluth MN 55802 Phone: 1-800-541-4557

Project Gamestar

Central Minnesota Mental Health Center
1321 - 13th St N
St Cloud, MN 56303

Phone: 1-800-635-8008 If you have any questions, or to schedule an appointment: (320) 252-5010



DRIVER & VEHICLE SERVICES..... www.mndriveinfo.org

(Written tests, behind-the-wheel, title transfer, vehicle & license renewals & notary service)

In Mora: (320) 679-4329

In Pine City: (320) 629-2560

In Sandstone: (320) 245-5241

LEGAL AID SERVICES OF NORTHEAST MINNESOTA

235 Main St S,
Pine City, MN 55063
320-629-7166

Providing free legal services in the areas of:

Family law (divorce and custody)

Debtors rights/protection from creditor harassment

Default Student Loan Information

Customer Issues

Welfare appeals

Landlord Tenant problems

Veterans benefits

Disability/SSI

Utility issues

Legal Aid does not handle traffic, criminal, misdemeanor, wills, estate planning or real estate matters

PINE COUNTY VETERAN'S SERVICES OFFICE

1602 Hwy 23 N, Sandstone, MN 55072

Phone: 320-245-2819 or (800) 450-7463, Ext. 6728 ----- Fax: (320) 245-0068

Provides assistance to Veterans, their dependents or survivors in all programs of Veteran's Affairs available at the federal, state, and local levels, including the Veteran's Administration and the Minnesota Department of Veterans Affairs; Transportation to Medical Appointments at VA Hospital in Minneapolis.

Veteran's Employment Services-Charlie Armentrout 1-888-GET JOBS (888-438-5627)

Some additional services may be available through local VFW or American Legion Post
www.deed.state.mn.us/veterans/index.htm

SALVATION ARMY

The Pine County Salvation Army may help with emergency needs including temporary shelter. When there are funds available help with gas to get to work may be possible. Depending on where you live, contact:

Southern Pine County:

Pastor Vicki

Our Redeemer Lutheran Church,

Pine City MN (320) 629-2985 www.ourredeemerpinecity.org

Northern Pine County:

Ron Nistler

(320) 384-6729

PROTECTIVE SERVICES FOR ADULTS

Pine County Department of Human Services
130 Oriole St E, Suite #1
Sandstone MN 55072-5134
Phone: (320) 245-3020 or 1-800-450-7263

Pine County Sheriff's Department
Non-Emergency Phone: (320) 629-3930 or
1-800-450-3930

Utility, Fuel and Emergency Assistance

Lakes & Pines Community Action Council, Inc.
1700 Maple Ave E
Mora MN 55051-1227
Phone: (320) 679-1800 or 1-800-832-6082
Fax: (320) 679-4139

Lakes & Pines Community Action Council, Inc. is a private, non-profit corporation serving a seven county area of East Central Minnesota. The mission of the Agency is *to help develop the full potential of each of its citizens so they can live in decency and dignity and help people in their efforts to become self-sufficient.*

Lakes & Pines also may help with car repair loans depending on funding availability.

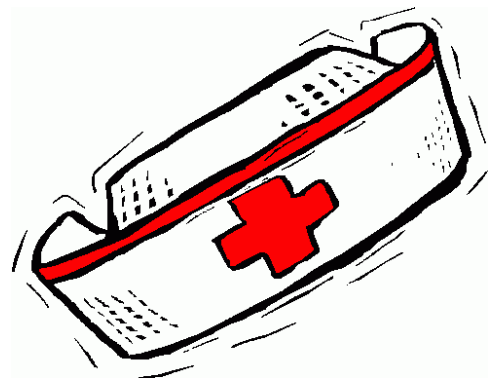
For **Utility discounts** by fuel assistance: <http://www.puc.state.mn.us/consumer/assist/tsd1.htm>

PINE COUNTY PUBLIC HEALTH NURSING SERVICE

130 Oriole St E, Suite #1, Sandstone, MN 55072.....Phone: (320) 629-3020 or 1-800-450-7263

Services are available to Pine County residents who need them. Fees are paid by vendor or based on income. Services include:

- **WIC Program**
- Home visits by skilled nurses, home health aides and homemakers
- Direct nursing care
- Assistance with newborns, including home visits
- Follow-Up services for children with special needs
- Education on health issues
- Physical assessment and screening
- Many services for senior citizens
- Information and referrals
- Family planning
- Child & Teen Checkup Program



MONEY MATTERS

Free annual credit report from each of the three major credit reporting bureaus:

www.annualcreditreport.com

MORE MONEY, MORE \$ENSE

Financial Literacy Workshops: FREE!.....320-384-6272 or 320-679-5671

Call for schedules/locations including Pine City, Stacy, Milaca, Cambridge, Hinckley

* **ATTENDANCE REQUIRED** for Car Donation program and Ways-To-Work Loans.

TRANSPORTATION

Car Loan /Repair Loans through Communities Investing in Families (CIF)

Ways-to-Work Loan Program

Kerry Fridstrom, Coordinator

763-552-1961 1-888-615-1384 Fax: 763-689-1972 kerryfridstrom@msn.com

Car Donation Program

Occasionally cars come available for donation to working families without a vehicle. Speak to your job counselor for an application. ****Finanacial Literacy Workshop Required****

Julie Barstad

Financial Literacy Coordinator, Vista
Communities Investing in Families

P.O. Box 557

Hinckley, MN 55037

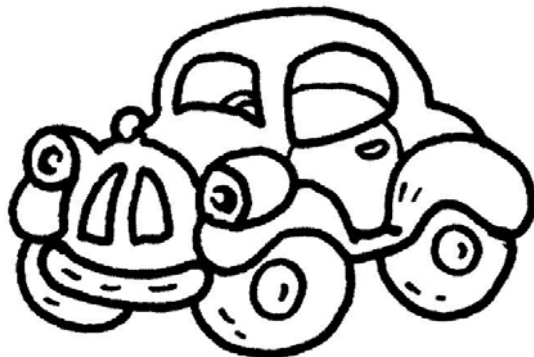
Phone and Fax: 320-384-6373

E-mail: juliebarstad@scicable.com

Attaboys' Taxi Services

(320) 245 5355

Owner: Patty Atterbury



TAX REFUNDS

When you work, you can be eligible to receive extra money. How? Ask your tax Preparer for more info!

- Working Family Credit
- Earned Income Credit
- Child Care Credits
- Child Tax Credits
- Minnesota K-12 Education Credits
- Property Tax Refunds
- Hope and lifetime learning credits for college tuition

While receiving assistance from either the DWP or MFIP programs, be sure to keep in touch with your Financial Worker as well as your Job Counselor.

My Financial Worker is: _____ Phone: _____

My Job Counselor is: _____ Phone: _____