## **How to dress for an Interview**

It is VERY important to dress appropriately for an interview. You want to make a good first impression and look professional. Here are some guidelines to follow:

- No ragged and torn blue jeans. Dress pants or skirt are preferred
- No sweatshirts or t-shirts with writing or logos. It is important to wear a nice dress shirt with a tie, sweater, or suit jacket.
- Be sure the length of the skirt is not too short and tops are not cut too low
- No open toed-shoes (Sandals). Clean and polished conservative dress shoes
- Clothing should be clean and free of wrinkles. Jackets, gloves and hats should be removed upon entering the business
- Practice good hygiene. You should be clean and well-groomed. Hair should be clean and pulled off your face. Use deodorant and avoid strong perfume or cologne.
- Avoid excessive jewelry and accessories, including face piercing (lips, eyebrow, nose)
- No gum, candy, or other objects in your mouth



"You never get a second chance to make a first impression"